







## There's someone waiting to meet you—yourself.

When it comes to perfecting the art of personal rejuvenation, no one defines the craft more copiously than The Spa at The Island Hotel. Your journey to restoration begins the moment you step into our world, from our tranquil reception area to the soothing melodies of our water-wall fountains.

Upon your arrival, our staff will usher you into our softly lit sanctuary; a preparation chamber awaits you with all manner of optional toiletries, aromatic steam with refreshing cooling towels and a quiet room where you can relax before, during and after treatments.

## Complete rejuvenation—from the top of your massaged scalp to the tip of your buffed toes.

At The Island Hotel, you may select the degree to which you indulge yourself — in the form of a manicure, facial treatment, massage or one of our ultraregenerative signature rituals.

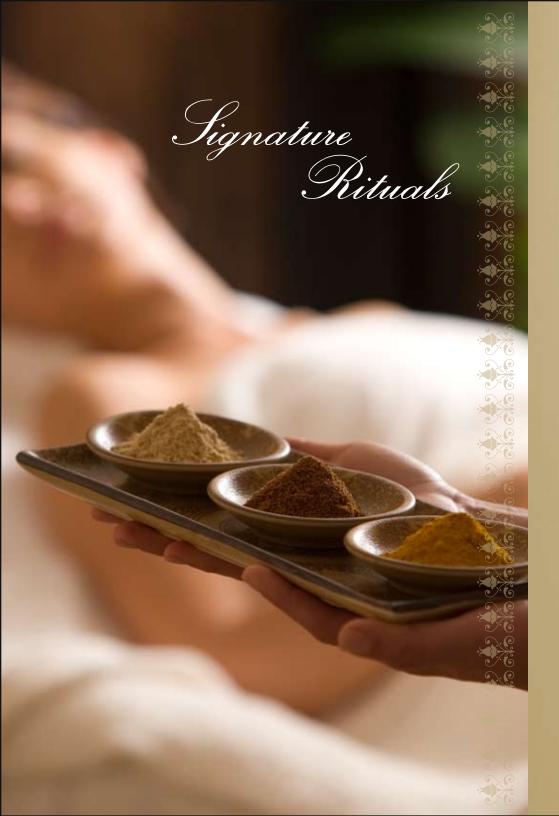
With an over-4,000-square-foot world of tranquility at your disposal, the Spa at The Island Hotel merely awaits your desire. All you need to do is let yourself go.

#### What to know before you indulge.

Guests of our facilities are asked to check in at our spa reception desk 15 minutes prior to scheduled treatments. Of course, you are welcome to arrive earlier to more fully enjoy the spa's relaxing environment. Please note that as a courtesy to all of our guests, appointment times are not extended if you should happen to arrive late.

Please review the following pages for detailed descriptions of a full array of our invigorating treatments. For general spa information, please refer to Spa Details at the end of this brochure.

Now, take a breath and come to The Spa at The Island Hotel. Your long-awaited journey inward is about to begin.



#### **Island Volcanic Detoxifying Therapy**

This refreshing and uplifting ritual begins with an exfoliation to soften and cleanse the skin. Volcanic clay is then applied to cool and purify the body, while a foot massage balances the body and soul. Ideal for energizing, detoxifying and reviving the body and skin.

#### Island 'Boreh' Remedy

Clove, ginger and spices are blended together and applied to the body to increase circulation and relieve aches and tension. This stimulating and warming therapy increases relaxation and calms the spirit. Popular with athletes and ideal to relieve jet-lag symptoms.

#### **Island Tropical Splendour**

This quintessential treatment begins with a fresh coconut, rice and vetiver skin scrub to enliven the skin. An application of lemongrass then envelops the body with its invigorating and uplifting effect, leaving the skin satiny smooth and hydrated. Known as "The Body Elixir."

#### **Island Nourisher**

This rich nourishing treatment provides the ultimate in anti-aging body therapy by enhancing hydration while firming and toning the skin. Improves the skin's luster, and is ideal for anyone with dull and dry skin.



#### Swedish

This traditional, classic light-to-medium pressure massage uses a combination of techniques, including long strokes and kneading to increase circulation and promote relaxation.

#### **Deep Tissue**

An invigorating massage for those who prefer deep muscular manipulation. This massage relieves tightened muscles from sporting activities, chronic stress and fatigue.

#### Aromatherapy

Aromatherapy oils are known for purity, potency and a profoundly healing effect. This customized treatment will relax and harmonize your body and mind.

In-room massages are available for an added measure of pampering. To arrange private treatments, please call our Spa Manager.

#### Lomi Lomi

This traditional Hawaiian massage is a sacred healing art handed down from generation to generation by the Kupuna (elders). The most important aspect of Lomi Lomi is the intention to balance heart, mind, body and soul. Unique to each therapist, techniques are rhythmic, using the forearms in long, connected, embracing strokes. A truly one-of-a-kind experience.

#### Reflexology

This distinctive ancient technique focuses on the pressure points of the hands and feet to restore the flow of energy and promote an overall sense of well-being.

#### **Pregnancy**

A customized massage addressing the delicate needs of a mother-to-be, this treatment helps to alleviate aches, pains and fatigue. An aromatic cream is applied to help prevent and reduce stretch marks, followed by a refreshing gel that reduces water retention in the feet and ankles (for second and third trimesters only).

#### **Stone Therapy**

This unique massage places warm basalt stones over the entire body. The heat from the stones radiates deeply into muscles to provide stress reduction, deep relaxation and relief from physical pain.

#### **Balinese Island Escape Massage**

Stimulating massage techniques offer a rhythmic, relaxing and energizing experience, enhanced with herbal preparations and fragant oils.

#### **Travel Recovery Massage**

Designed for the business traveler who needs to unwind, relax and regain mental clarity and balance for a busy schedule. An essential oil sequence directs the journey on which the guest will be guided, resulting in a treatment that invokes both balance and rejuvenation.



#### **Deep Cleansing Facial**

A facial designed for all skin types. The skin receives a deep cleansing, exfoliation and, if needed, extraction. Through the use of essential oils and a cleansing masque, the skin is oxygenated and luminosity is restored.

#### **Gentleman's Face Therapy**

Designed for all skin types, this facial eliminates impurities and calms skin irritation from the aggressive effects of shaving and free radicals. The skin receives tender care to restore lost hydration and vibrancy, while certain massage techniques relax facial muscles.

#### **Aromatherapy Facial**

A classic aromatherapy facial customized to address the specific needs of the skin through the use of botanical essences. This is a wonderful experience for stressed skin.

#### **Honey Hibiscus Hydrating Facial**

Our answer to thirsty skin, a rich mixture of deeply restoring ingredients derived from honey, hibiscus and the trehalose desert plant promotes silky texture and replenishes hydration. A wonderful facial to restore moisture to the skin.

#### O.C. Facial Drench

This popular treatment replenishes the skin with a customized blend of antioxidants and Vitamin *C*, increasing cellular vitality and metabolic activity. The result is a revitalized, toned and brightened skin complexion with a radiant glow.



#### **Organic Carrot Vitamin Facial**

This customized vitamin-rich facial uses the healing properties of carrots to dramatically nourish, soothe and moisturize the skin back to balance. Wild plum tonique and almond mineral exfoliate enhance this organic experience.

#### **Pearl Powder Facial**

Our ultimate facial for flawless and luminous skin contains precious crushed pearl powder and other active ingredients such as licorice, salicylic acid, mulberry and bearberry extracts. Symptoms of aging skin, including fine lines, dark spots and hyper pigmentation are reduced, leaving skin silky smooth.

#### **Collagen Infusion Facial**

An intense treatment designed to resurface, revitalize and deeply hydrate the skin while stimulating circulation and cellular activity to promote a reduction of lines and wrinkles. Newly soft skin with its exceptional texture and moisture provides a long-lasting glow.

#### **Oxygenating Facial**

This amazing facial brightens and lightens the complexion. This facial consists of classic Europeaan styling with multiple masques. Soothing cucumber, parsley, and potato are layered with paprika to create a stunning finish to the complexion.

#### **Time Defier Facial**

This treatment uses a unique 3-dimensional skin care ritual to achieve inner and outer beauty. Ritual includes powerful concentrates to repair the skin on a deep level, aromatic care to restore and balance skin conditions, and finally, replenishing moisterizers to safeguard against pollution using plant extracts and ground-breaking technology to achieve maximum results.



#### Lip Blooming

The ultimate lip treatment begins with cleansing of the lips, followed by a scrub, mask and lip-blooming gloss-finish. This essential indulgence rejuvenates, plumps and replenishes the lips.

#### **Eye Around Remedy**

This anti-aging treatment rejuvenates the area around the eyes, reduces swelling and expression lines and provides hydration.

#### Eye and Neck Firming

A nourishing treatment focusing on firming the delicate areas around the eyes and neck, helping to reduce the appearance of lines and wrinkles by adding elasticity and smoothness to the skin.

#### Glycolic

Eliminates dry surface cells and diminishes fine lines and wrinkles, restoring skin to a youthful glow. (Extractions are not performed with this enhancement.)



# Waxing Services

Our supremely gentle wax removes unwanted hair, leaving the skin feeling smooth and, over time, can slow future hair re-growth. (Clients using Vitamin A, Accutane and Glycolic products for skin care must consult a physician before waxing.)

Waxing: Lips, Chin, Brow, Brow Shaping, Underarm, Half Arm, Bikini, Half Leg, Full Leg, Full Leg and Bikini, Back, Full Arm.



# Hand and Foot Treatments

#### **Ultimate Hydrating Manicure**

This deluxe manicure begins with a rejuvenating and deeply hydrating exfoliation and a softening paraffin dip, followed by a hand massage enhanced with essential oils.

#### **Ultimate Hydrating Pedicure**

This deluxe pedicure begins with an acid exfoliation consisting of beach sand, quartz crystal, sea salt and alpha hydroxyl, followed by a marine-algae foot masque. After a cucumber heel therapy, a pampering foot massage provides the finishing touch.

#### **Vital Leg Pedicure**

Perfect for fatigued and swollen feet, this highly therapeutic pedicure alleviates heaviness and tension in the lower legs. Vital Leg is formulated with "cold pressed" mint juice to revive aching muscles as it cools the skin and improves circulation. This treatment diminishes the look of "spider veins" and revitalizes feet and ankles.

**Classic Manicure or Pedicure** 

French Manicure or Pedicure

# Spa Details

- Hours of operation are from 7:30 am to 9:00 pm. Spa guests must be at least 18 years of age.
- We request that spa guests extend a four-hour cancellation notice.
   If less than four hours' notice is given, a service charge will be posted to the credit card number noted at the time of booking.
- We accept all major credit cards, Travelers Checks and cash. As a
  guest of The Island Hotel<sup>™</sup>, you may also charge spa services to your
  room. Gratuities are appreciated and can either be given directly to
  the staff member or to the front desk.
- We kindly request that you turn off your cell phones and pagers.
   For your safety and well-being, alcoholic beverages are highly discouraged before, during or immediately following spa treatments.
- Please inform us of any special needs or conditions you have that may counteract with massage, skin care or heat therapies (e.g., pregnancy, high blood pressure, heart ailments, etc.)
- Shaving prior to (or after) exfoliation is not recommended, nor are certain skin treatments on sun-exposed skin.
- You may wish to shower prior to your treatment. For your convenience, a locker with robe and slippers is provided.
- The Spa therapists employ draping procedures to ensure your complete comfort at all times. You may also opt to wear undergarments.

Gift Certificates

Specific dollar amounts may be purchased at the reception desk or through one of our phone reservationists.





### Price Schedule

Signature Rituals	
Island Volcanic Detoxifying Therapy	(2 hours) <b>\$280</b>
Island "Boreh" Remedy	(2 hours)\$300
Island Tropical Splendour	(2 hours) <b>\$280</b>
Island Nourisher	(1-1/2 hours) \$230
Massage	
Swedish	(1/2 hour)       \$90         (1 hour)       \$140         (1-1/2 hours)       \$200
Deep Tissue	(1/2 hour)        \$90         (1 hour)        \$140         (1-1/2 hours)        \$200
Aromatherapy	(1/2 hour)        \$90         (1 hour)        \$140         (1-1/2 hours)        \$200
Lomi Lomi	(1-1/2 hours) \$230
Reflexology	(1/2 hour) <b>\$90</b>
Pregnancy	(1 hour) \$140
Stone Therapy	(1-1/2 hours) \$215
Balinese Island Escape	(1-1/2 hours) \$210
Travel Recovery	(1-1/2 hours) \$245

#### **Facials**

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Deep Cleansing	(1/2 hour)
Gentleman's Face Therapy	(1 hour) \$140
Aromatherapy	(1 hour) \$140
Honey Hibiscus Hydrating Facial	(1 hour) \$140
O.C. Facial Drench	(1 hour) \$140
Organic Carrot Vitamin Facial	(1 hour) \$140
Pearl Powder Facial	(1-1/2 hours) <b>\$230</b>
Collagen Infusion Facial	(1-1/2 hours) \$240
Oxygenating Facial	(1-1/2 hours) \$235
Time Defier Facial	(1-1/2 hours) \$235
Facial Enhancements (Only booked in conjunction with a facial.)	
Lip Blooming	(15 minutes)\$35
	(15 ' )
Eye Around Remedy	(15 minutes) <b>\$35</b>
Eye Around Remedy  Eye and Neck Firming	(15 minutes)
Eye and Neck Firming	(15 minutes)\$35
Eye and Neck Firming Glycolic	(15 minutes)
Eye and Neck Firming Glycolic Waxing Services	(15 minutes)
Eye and Neck Firming Glycolic Waxing Services Hand and Foot Treatments	(15 minutes)
Eye and Neck Firming Glycolic Waxing Services Hand and Foot Treatments Ultimate Hydrating Manicure	(15 minutes)       \$35         (15 minutes)       \$35         Ranges from       \$35 to \$160         (1 hour)       \$75
Eye and Neck Firming Glycolic  Waxing Services  Hand and Foot Treatments  Ultimate Hydrating Manicure  Ultimate Hydrating Pedicure	(15 minutes)       \$35         (15 minutes)       \$35         Ranges from       \$35 to \$160         (1 hour)       \$75         (1-1/2 hour)       \$95
Eye and Neck Firming Glycolic  Waxing Services  Hand and Foot Treatments  Ultimate Hydrating Manicure  Ultimate Hydrating Pedicure  Vital Leg Pedicure	(15 minutes)       \$35         (15 minutes)       \$35         Ranges from       \$35 to \$160         (1 hour)       \$75         (1-1/2 hour)       \$95         (1-1/2 hours)       \$115
Eye and Neck Firming Glycolic Waxing Services Hand and Foot Treatments Ultimate Hydrating Manicure Ultimate Hydrating Pedicure Vital Leg Pedicure Classic Manicure	(15 minutes)       \$35         (15 minutes)       \$35         Ranges from       \$35 to \$160         (1 hour)       \$75         (1-1/2 hour)       \$95         (1-1/2 hours)       \$115         (1/2 hour)       \$45
Eye and Neck Firming Glycolic  Waxing Services  Hand and Foot Treatments  Ultimate Hydrating Manicure  Ultimate Hydrating Pedicure  Vital Leg Pedicure  Classic Manicure  Classic Pedicure	(15 minutes)       \$35         (15 minutes)       \$35         Ranges from       \$35 to \$160         (1 hour)       \$75         (1-1/2 hour)       \$95         (1-1/2 hours)       \$115         (1/2 hour)       \$45         (3/4 hour)       \$65
Eye and Neck Firming Glycolic  Waxing Services  Hand and Foot Treatments  Ultimate Hydrating Manicure  Ultimate Hydrating Pedicure  Vital Leg Pedicure  Classic Manicure  Classic Pedicure  French Manicure	(15 minutes)       \$35         (15 minutes)       \$35         Ranges from       \$35 to \$160         (1 hour)       \$75         (1-1/2 hour)       \$95         (1-1/2 hours)       \$115         (1/2 hour)       \$45         (3/4 hour)       \$65         (1/2 hour)       \$55